

## CAKE €2.50

ROCKY ROAD  
BROWNIE  
CARAMEL SLICE  
CHOCOLATE BISCUIT CAKE  
MARS CHOCOLATE SQUARE  
SEEDED FLAPJACK

CRISPS € 1.30

## SMOOTHIES €4

MANGO MANIA  
VITA BERRY  
STRAWBERRY SURPRISE  
SUPER GREEN

## DRINKS

CANS € 1.50  
BOTTLES € 2.00  
BOTTLED WATER € 1.50

TO PLACE YOUR ORDER,  
PLEASE PHONE OR EMAIL US

PHONE 01 289 0003 · EMAIL [KATE@THEWOODENSPOON.IE](mailto:kate@thewoodenspoon.ie)

MINIMUM ORDER FOR DELIVERY €20

DELIVERY €2.50 PER ORDER

Orders must be made the day before.

We also specialise in  
made-to-order platters.

sandwiches / wraps  
salads  
fresh fruit  
cakes

   @woodenspooncafe

[www.thewoodenspoon.ie](http://www.thewoodenspoon.ie) |  [katewoodenspoon](https://www.instagram.com/katewoodenspoon)



**PASTRIES** €2.50  
**SCONES** €2.50

Includes butter and jam

### SIGNATURE SANDWICHES €6

#### WHITE BLOOMER

Chicken, homemade stuffing, rocket & lemon basil mayo

#### SUN-DRIED TOMATO BLOOMER

Chicken, cheddar cheese, tomato, rocket, chipotle mayo & balsamic glaze

### WRAPS €4.80

#### CHICKEN CAESAR WRAP

Chicken, bacon, mixed leaves, parmesan & caesar dressing

#### BASIL PESTO CHICKEN

Basil pesto chicken, sun-dried tomato, shredded carrot with seeds, rocket & mayo

#### VEGGIE WRAP

Roasted peppers, mozzarella, tomato, mixed leaves & basil pesto

#### TUNA WRAP

Tuna sweetcorn mayo, tomato & mixed leaves

### CIABATTAS €6

#### CHICKEN

Chicken, chorizo, goats cheese & homemade red onion relish

#### TURKEY

Turkey, bacon, homemade stuffing, swiss cheese & cranberry mayo

#### SPOON CIABATTA

Chicken, brie, rocket & homemade roasted red pepper aioli

### HOT SPOON SPECIALS

#### CAJUN CHICKEN CLUB €6.50

Cajun chicken, crispy bacon, swiss cheese, salsa & guacamole on a toasted ciabatta

#### CHILLI BURRITO €6.00

Wrap with chilli con carne, cheddar cheese, tomato, red onion, mixed leaves & sour cream

#### HOT HONEY BAKED HAM €6.50

Hot honey baked ham, cheddar cheese, tomato, rocket, Ballymaloe relish on a toasted ciabatta

### SALADS

#### SPOON SALAD €5.50

Sun-dried cranberries, cashew nuts, mozzarella, fresh mixed leaves, onions, peppers & homemade vinaigrette  
Add Roast Chicken €6.00

#### CAESAR SALAD €5.50

Baby gem lettuce, bacon bits, shaved parmesan, croutons & Caesar dressing  
Add Roast Chicken €6.00

#### GOATS CHEESE SALAD €6.50

Goats cheese, roasted beetroot, caramelised walnuts, fresh mixed leaves & balsamic dressing  
Add Roast Chicken €7.00

### SOUPS

**HOMEMADE SOUP** €3.50  
**SOUP & SODA BREAD** €4